

**41-45 STEPHEN STREET. TOOWOOMBA. O.4350**

## **Moving with Kids**

Different kids can react to moving in different ways. Some kids may become depressed and may keep crying for days because they feel they are in an alien climate. The key to making the move successful with kids is to **GET THEM INVOLVED!** Be upbeat from the start, and talk to your kids as much as possible. Make them come up with ideas on how to make moving better and easier. Make your kids feel they are important members of the family moving team!

### **Worried about how your kids will react to moving?**

Here are some helpful moving tips when moving with kids:

**Do not wait to inform your kids about moving. Tell your kids about the move as soon as possible!**

It is pretty natural to assume that the less time kids have to think about moving, the easier it will be for your kids. However, experts say it is actually the opposite. Kids need time to get used to the idea of moving. Don't put off telling them about moving.

### **Welcome your kids questions about moving.**

Open lines of communication will go a long way toward helping your kids feel comfortable with moving. And it's okay even if you can't answer all their questions right now. Your kid's questions can give you an idea of how they're feeling about moving — whether they're excited or uneasy. Some questions may also offer an ideal way to get them involved in the moving process, such as suggesting they get online to locate nearby libraries or parks.

### **Be positive and upbeat about the move.**

Your attitude about the move will influence your kids attitude as well. If you dread moving, then the move will seem dreadful to them too. Be enthusiastic, upbeat, and positive about the new experiences and opportunities in store, and your kids will be more likely to feel the same way.

### **Let your kids know they can help with the move.**

This is a good time to emphasize that the move is a family event and that everyone will be part of the planning, packing, and perhaps even choosing the new home. Start your kids on thinking of things they can do and how to get ready for the move. Assure your kids that their contributions, however small, will be valued and greatly appreciated.